

THE WELLSPRING EXPERIENCE

A LIVE –IN WEEKEND FOR THOSE WHO WANT TO DEAL WITH UNRESOLVED FEELING OF LOSS, SO AS TO MOVE ON

What is WELLSPRING?...a safe environment for those who experienced a significant loss, primarily focused on the separation/divorce experience. Issues dealing with loss to a death and other broken relationships are also touched upon. Talks are given by experience persons on the grief process, anger, aloneness, dealing with baggage, entanglement, forgiveness, wholeness and spiritual growth. There is time for personal reflection and sharing in small groups. Celebration of Sunday Eucharist closes the experience of finding God as source of strength and of recognizing inner resources to move beyond pain.

WHEN: October 16th thru 18th, 2009 (Friday Evening 7:00pm thru Sunday about 5:00pm)

LOCATION: Shula's Hotel, 6842 Main Street, Miami Lakes, FL 33014

COST: \$150.00 (Payment options available)

CONTACT INFORMATION: It is required that you speak with one of the Wellspring Coordinators listed below before registering for the weekend. They will help you discern if WELLSPRING is for you at this time.

Dade/Monroe contact: Helen (305) 823-7894
Jean (305) 762-1142

Broward contact: Bob (954) 718-7241
Jean (954) 797-9770

After speaking with a contact person, mail registration ASAP to secure limited space to: FAMILY ENRICHMENT CENTER, 9401 Biscayne Blvd., Miami Shores, FL 33138. You may also fax the form to (305) 762-1144 or send via e-mail to jvfduda@theadom.org. **Please make check payable to: ARCHDIOCESE OF MIAMI.** You will then receive an acceptance letter with more details, including directions to Shula's Hotel.

Date of WELLSPRING program _____ check # _____ amount _____

Contact person who reviewed my readiness _____

NAME _____ HOME PHONE # _____

ALTERNATE PHONE #'S _____ E-MAIL _____

ADDRESS _____ CITY/STATE _____ ZIP _____

How did you hear about this program? _____ Parish if applicable _____

Please check one: Separated/Divorced () Personal alienation from family/friend ()
Widowed () Other loss ()

Age Group: Under 30 () 31-45 () 46-60 () 61-75 () 75+ ()

Ages of children if applicable _____ Are you presently in counseling? ____ (Y)/ (N) ____